



Menu for the 1st period

1st week

	breakfast	lunch
Tuesday 18/06	milk, cheese pierogi	pasticcio salad, bread, fruit
Wednesday 19/06	milk, sweet bread stuffed with homemade jam	boneless chops, homemade mashed potatoes and fresh tomato sauce, salad, bread, fruit
Thursday 20/06	milk, French toast, homemade rice pudding	baked fish sticks, couscous salad, bread, fruit
Friday 21/06	milk, apple pie	stuffed tomatoes and peepers with rice and herbs, salad, feta cheese, bread, fruit
Saturday 22/06	milk, homemade herb pie	baked chicken with orzo, salad, bread, fruit

2nd week

	breakfast	lunch
Monday 24/06	milk, sandwich with butter, kasseri cheese and tomato	beef with vegetables, salad, feta cheese, bread, fruit,
Tuesday 25/06	milk, omelet, round sesame bread	baked cod fillet with lemon sauce and rice, salad, bread, fruit
Wednesday, 26/06	milk, cereal	macaroni with fresh tomato sauce, kefalotyri cheese, salad, bread, fruit
Thursday 27/06	milk, homemade vanilla cake	baked chicken with potatoes, salad, fruit, bread
Friday 28/06	milk, homemade cheese pie	meatballs, tomato sauce, noodles made in the School, salad, bread, fruit

Daily alternative breakfast (cereal or butter & honey).

2nd choice for breakfast for children with food allergies to dairy products.

Daily we offer juice after breakfast to each child.

Fruits: peaches, apricots, cherries, watermelon, melon, grapes, banana.

Products of the school used in the menu: milk, butter, eggs, noodles, macaroni, salads.